



## READ ALL ABOUT IT!

As a fireman, Scott needs to stay in top physical condition, but over the years, his weight crept up, and up, and up. His research showed that he should be less concerned about the scale, and more concerned about body fat. With the help of the Shaklee 180® Program, he's on his way to achieving his 9% body fat goal.

### NY cracking down on fraudulent supplements

ANAHAD O'CONNOR  
THE NEW YORK TIMES

The New York state attorney general's office accused four major retailers on Monday of selling fraudulent and potentially dangerous herbal supplements and demanded they remove the products from their shelves.

The authorities said they had conducted tests on top-selling store brands of herbal supplements at four national retailers — GNC, Target, Walgreens and Wal-Mart — and found that four out of five of the products did not contain any of the herbs on their labels.

The tests showed that pills labeled medicinal herbs often contained little more than cheap fillers like powdered rice, asparagus and houseplants, and in some cases substances that could be dangerous to those with allergies.

The investigation came as a welcome surprise to health experts who have long complained about the quality and safety of dietary supplements, which are exempt from the strict regulatory oversight applied to prescription drugs.

The Food and Drug Administration has targeted individual supplements found to contain dangerous ingredients. But the announcement Monday was the first time that a law enforcement agency had

#### MISLABELED

- At Walgreens, ginseng pills contained only powdered garlic and rice.
- At Wal-Mart, Ginkgo biloba had little more than powdered radish, houseplants and wheat.
- At Target, three of six products tested negative for herbs on their labels, but contained powdered rice, beans, peas and wild carrots.

threatened the biggest retail and drugstore chains with legal action for selling what it said were deliberately misleading herbal products.

Among the attorney general's findings was a popular store brand of ginseng pills at Walgreens, promoted for "physical endurance and vitality," that contained only powdered garlic and rice. At Wal-Mart, the authorities found that Ginkgo biloba, a Chinese plant promoted as a memory enhancer, contained little more than powdered radish, houseplants and wheat — despite a claim on the label that the product was wheat- and gluten-free.

Three out of six herbal products at Target — Ginkgo biloba, St. John's wort and valerian root, a sleep aid — tested negative for the herbs on their labels. But they did contain powdered rice, beans, peas and wild carrots.

And at GNC, the agency

said it found pills with unlisted ingredients used as fillers, like powdered legumes, the class of plants that includes peanuts and soybeans, a hazard for people with allergies.

The attorney general sent the four retailers cease-and-desist letters Monday and demanded that they explain what procedures they use to verify the ingredients in their supplements.

"Mislabeling, contamination and false advertising are illegal," said Eric T. Schneiderman, the state attorney general. "They also pose unacceptable risks to New York families — especially those with allergies to hidden ingredients."

The attorney general's investigation was prompted by an article in The New York Times in 2013 that raised questions about widespread labeling fraud in the supplement industry. The article referred to research at the University of Guelph in Canada that found that as many as a third of herbal supplements tested did not contain the plants listed on their labels — only cheap fillers instead.

Industry representatives have argued that any problems are caused by a handful of companies on the fringe of the industry. But New York's investigation specifically targeted store brands at the nation's

### This is why folks have used Shaklee products for over 50 years:

The quality and science of Shaklee Products are unmatched in the industry.

All ingredients in Shaklee products are qualified under the incredibly stringent Shaklee protocol, unique in the industry, which tests for up to 350 chemical contaminants, including pesticides, herbicides, heavy metals, solvent residues, etc. Each and every lot of Shaklee Products is 100% tested to ensure and guarantee that each and every ingredient that is part of our label claims is present in the appropriate amounts.

**"Cheap" is not always "Cheap" in the end!**



# Does your MIND WORK ?

One of my distributors introduced MindWorks to an 80+ year old acquaintance with Parkinson's in January. The man called me after 3 weeks on the product and asked if he could take 2 a day as he was already noticing progress in his ability to walk and thought he spoke more easily. His friends had commented on his walking improvement as well. I now have him on Vivix, Vitalizer and 2 MW daily. I am super charged when Shaklee provides me with the opportunity to make a significant difference in the lives of others. I will keep you updated after his body has had 2 or 3 months to experience all of those "nutritional treats".

Linda Causey

## MindWorks Checklist

\_\_\_ Are you able to focus on details easily - crosswords, reading comprehension, directions?

\_\_\_ Can you recall names easily?

\_\_\_ Can you react quickly to situations - process new information and react?

\_\_\_ Do you have an energized sense of well-being and ability to concentrate?

\_\_\_ Can you recall short term information - where you put things, why you came into a room?

\_\_\_ Can you easily recall things you used to know?

\_\_\_ Do you have restful sleep?

## Allergies and Herpes Virus

I panic when Formula I is on backorder! We have been taking this for years and I don't want to stop it. I feel that it has really helped me in a number of ways. I used to have a very severe allergy reaction in the spring and nothing I took worked. Cutting the grass in the spring was pure agony. Since I have been taking Formula I the symptoms have nearly gone away. As an unexpected and welcome side benefit Formula I has also helped me ward off the Herpes Virus. I used to have 3 to 4 outbreaks a month. Now I only have very minor outbreaks maybe once every 2 or 3 months if that. I frankly don't remember the last one I have had. I take 2 every day and increase to 3 in the spring and summer months.

Larry

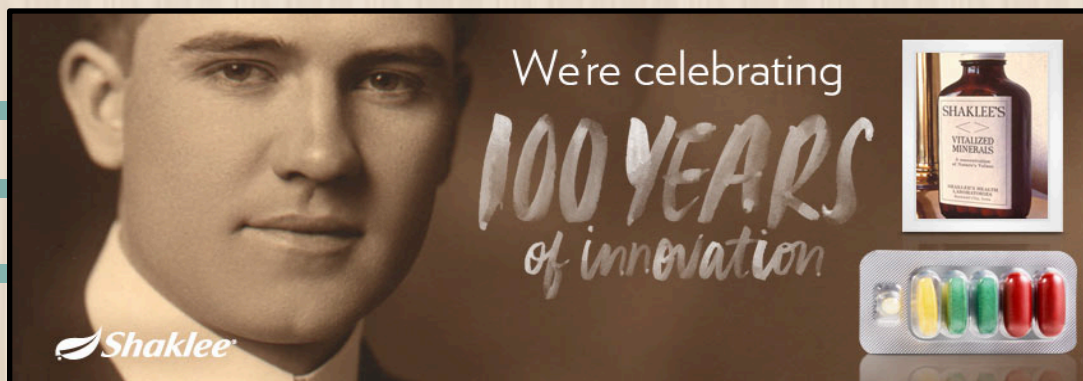


## Cat Allergies

Last year, Stan sent out an email about allergies. He said that Shaklee's Immunity Formula I was miraculously alleviating allergy symptoms - even cat allergies! By taking four "Immunity Formula I" in the morning, I wouldn't sneeze for the rest of the day.

J.A.

*Editor's Note: Take Formula I after eating to prevent stomach upset.*



# Nature Bright for Whitening Clothes and Beyond!



1 TABLESPOON NATURE BRIGHT, 1 TSP BASIC H IN CONTAINER OF HOT WATER, SOAK WATER BOTTLES SEVERAL HOURS OR OVERNIGHT. WASH IN DISHWASHER.

NOTE: USE ON YOUR SINKS FOR A CLEAN AND BRIGHT LOOK!

## ***Baby Clothes Saved by Shaklee's Nature Bright***

Our daughter used cloth diapers for “baby burp” cloths. She didn’t have a washer and dryer at home, so the cloths sat for a few days (summer time) and turned into a mess ....mildew and mold! She came to visit, with her laundry, and wondered if she should just throw the “mess” away. Well, since I had bought her the cloth diapers and chose an expensive brand and they had never been used as intended, I was “reluctant” to throw them away.

Since I didn’t want them sitting around my house soaking we decided to “get the job done quick” and used Clorox in the wash. Surprise! It didn’t work! I agreed to “baby-sit the soaking diapers” using a Nature Bright and Fresh Laundry Concentrate soak. No surprise! Nature Bright and Fresh Laundry Concentrate did the job beautifully! And no awful bleach smell. When I related the story to others who don’t know about Shaklee, the response I get is, “No, Clorox won’t get out mildew ... nothing will”!

Oh yes “something” will .... NATURE BRIGHT and Fresh Laundry Concentrate, Shaklee’s safe laundry products will do the job! Don’t ya just love Shaklee?

J. S

NOTE: I use equal amounts (1/4 C) of Nature Bright and Fresh Laundry Concentrate in a deep sink or large bucket full of hot water. Dissolve the product and add the clothes. Soak overnight. Put in washer the next day.



# Results . . . . .

## **Warts**

An acquaintance's 2 1/2 year old had warts for two years and then the warts started spreading to his face. His parents tried everything including freezing and over the counter products. They used Shaklee products "hit & miss". They also tried using Shaklee with other products from the health food store. This went on for a year until I approached the family with a challenge. Use Shaklee products ONLY for one month and if you don't see any results your money will be refunded in full. These are the Shaklee products they used:

- [Citriboost 1/2 scoop](#)
- [Energizing Soy Protein 2x/day](#)
- [Optiflora 1 pearl](#)
- [Nutriferon 2/day](#)
- [Basic-H applied to warts at night](#)

After 6 weeks ALL the warts (about 30) were COMPLETELY gone. This couple now has a group that is growing fast because of these results and they received their first bonus check last month!

T. R.

## **Chronic Illness ... little boy**

From newborn on, my son hadn't been off antibiotics for more than 3 weeks at a time. He suffered from bronchitis, pneumonia, sinus infections and a persistent cough. We were told to STOP MILK and to add more nutrition to build his immune system. He took higher than normal amounts of [Vita Lea](#) (adult), [Sustained Release Vita-C](#), [Carotomax](#), and [OmegaGuard](#). It was like a miracle! This little boy is now 12 and he hasn't been sick in six years!

C. G.

## **Prostate**

"I was told about Saw Palmetto and how it could help me with my prostate issue. My daughter told me about Shaklee's Saw Palmetto, so I decided to give it a try. It worked great! I ran out, so I picked up some Saw Palmetto at a Health Food store since I was a big believer that all supplements are created equal. A few days after starting on the new brand of Saw Palmetto, I noticed my symptoms returned. When my daughter asked me how I was doing, I asked her to order more Shaklee Saw Palmetto for me. Once I was on it, again my problem went away! That sure made me see the "Shaklee Difference" and I will stick with Shaklee from now on." John L.

## **Thyroid and Diabetic Issues!**

Several years ago, I was introduced to nutritional products and began using Shaklee! I was somewhat sporadic as I did not think I had a strong reason to use the products on a regular basis. More recently, I have become CONVINCED that good nutrition within the cells makes all the difference. [Here is what has happened:](#)

I was tired, run down, no energy - just not feeling good, so I went to the doctor. I had a thyroid test and a diabetes test; both tests indicated a problem. My doctor suggested that I be retested in a couple of weeks.

I shared the above with my Shaklee person; she asked me about my protein and supplement intake. I informed her I was not taking the protein and supplements. She said, "Gwynne - Gwynne"! So I started taking my Shaklee Protein and Supplements again.

I went back for a retest and all the tests came out okay, indicating I had no problems! I now KNOW the value of Shaklee's protein and supplements for my health.

Gwynne, Colorado Springs

Shaklee Distributor: